

## List of nature-based activity providers in the East Midlands

Please note, this is not an exhaustive list.

Organisation / project name (Alphabetical order)	Website and social media	County
13plus project community garden	www.13plus.org	Lincolnshire
Art Pop-Up - The Orchard Project + Noticing Nature Neighbourhood WALKShops	@ArtPopUpUK	Lincolnshire
Beckside Care Farm Ltd	https://www.becksidecarefarm.co.uk/	Derbyshire
Blaze Trails - High Peak Parent and Baby Walking Group	www.blazetrails.org.uk	Derbyshire
Blaze Trails - Northamptonshire Parent and Baby Walking Group	www.blazetrails.org.uk	Northamptonshire
Bulwell Forest Garden	www.bulwellforestgarden.co.uk	Nottinghamshire
Bulwell Forest Garden	www.bulwellforestgarden.co.uk	Nottinghamshire
Chesterfield BC "Walk With Us"	https://www.chesterfield.gov.uk/explore -chesterfield/year-of-outdoors/activities- in-parks.aspx  https://www.chesterfield.gov.uk/explore -chesterfield/walking-and- cycling/walking-in-chesterfield.aspx	Derbyshire
Craft Wood Inns Lane	www.craftwood.org.uk	Derbyshire
Crow Wood CIC	www.crowwoodcic.org @crowwoodcic	Derbyshire
Delapré Abbey Preservation Trust, Delapré Wellbeing	https://delaprewellbeing.co.uk https://delapreabbey.org/	Northamptonshire
Derbyshire County Council Environmental Studies Service	https://www.services.derbyshire.gov.uk/ EnvStudies	Derbyshire
Derbyshire Dales District Council Health Walks	www.derbyshiredales.gov.uk/healthwalk s	Derbyshire
Derbyshire Recovery and Peer Support Service	Facebook: Derbyshire Recovery and Peer Support Service Instagram: DerbyshireRecovery&PeerSupport (@drpssservice) Twitter: Derbyshire Recovery and Peer Support Service (@DRPSService)	Derbyshire





Derbyshire Wildlife Trust	https://www.derbyshirewildlifetrust.org. uk/	Derbyshire
Desire Change CIC - Black Barn	Facebook - @blackbarnbolingbroke	Lincolnshire
Don't Lose Hope Community Garden	www.dontlosehope.co.uk don't lose hope community garden & shed	Lincolnshire
Elephant Rooms (Draycott) CIC	www.Elephantrooms.co.uk Also on Facebook and instagram	Derbyshire
Feel Good Gardens	www.feelgoodgardens.org	Nottinghamshire
Green Connections (partnership project between Wellbeing at Whistlewood (soon to rebrand as Wellness Without Walls) and Derbyshire Mind	Www.wellbeingatwhistlewood.co.uk	Derbyshire
Green Futures	@greenfutures	Lincolnshire
Green Synergy (Organisation) - Tower Power (Kids Club)	https://greensynergy.org.uk/ and https://www.facebook.com/GreenSyner gyLincoln2012/	Lincolnshire
Heartwood Community Woodfuel Group	https://www.heartwoodhof.org.uk	Derbyshire Leicestershire
High peak Community Arts - Project eARTh	www.highpeakarts.org Facebook @HighPeakComArts	Derbyshire
Horses for Causes	www.soarvalleywestern.co.uk	Leicestershire
Hunloke Community Garden	www.hunlokecommunitygarden.co.uk Facebook is Hunloke Garden.	Derbyshire
Incredible Edible New Mills	www.ienewmills.wordpress.com https://www.facebook.com/groups/Incr edibleEdibleNM	Derbyshire
Jentree Forest School	www.jentreeforestschool.co.uk Facebook Jentree Forest school fb and	Derbyshire
Lincoln City Green Leaders	https://www.lincolncityfoundation.com/greenleaders	Lincolnshire
Lincolnshire Community and Voluntary Service, Boston Naturehood	http://www.lincolnshirecvs.org.uk/ https://www.facebook.com/Lincolnshire CVS	Lincolnshire
Lincolnshire Wildlife Trust	www.lincstrust.org.uk https://www.facebook.com/Lincolnshire WildlifeTrust/	Lincolnshire
Liquorice Park Millennium Green Trust	https://liquoricepark.co.uk/	Lincolnshire
MindSpace Stamford	www.mindspacestamford.co.uk	Lincolnshire





Nature Explorers Derbyshire.	Nature Explorers Derbyshire	Derbyshire
Forest School for all ages.  Nature In Mind, Framework	https://www.facebook.com/NatureInMi	Nottinghamshire
Housing Association	nd1	Nottinghamshire
New Leaf Triangle cic	www.newleaftrianglecic.co.uk Facebook - New Leaf Triangle	Leicestershire
Newark and Sherwood District Council	https://www.newark- sherwooddc.gov.uk/	Nottinghamshire
Nottingham Croquet Club	http://www.nottinghamcroquet.org.uk/	Nottinghamshire
Notts Guided Walks Partnership	www.nottsguidedwalks.co.uk	Nottinghamshire
Old Wood Organic CIC	www.oldwoodorganic.com	Lincolnshire
Outdoor Tribe CIC	https://outdoortribe.co.uk	Northamptonshire
Peak District National Park Authority	https://www.peakdistrict.gov.uk/	Derbyshire
Pepper's- A Safe Place (Gardening activity)	www.peppersasafeplace.co.uk @peppers.asafeplace	Rutland
RHUBARB FARM CIC	www.rhubarbfarm.co.uk	Derbyshire Nottinghamshire
Rushcliffe Move & Mingle (partnering Ramblers Wellbeing Walks)	https://beta.ramblers.org.uk/go- walking/wellbeing-walks- groups/ramblers-wellbeing-walks- rushcliffe	Nottinghamshire
Sage Gardener CIC	www.sagegardener.co.uk	Lincolnshire Nottinghamshire
Shuttlewood Clarke Foundation	www.shutttlewood-clarke.org	Leicestershire
St Anns Community Orchard one of STAA's projects	https://staa-allotments.org.uk/	Nottinghamshire
Stamford Community Orchard Group	www.scog.org.uk	Rutland
Stonebridge City Farm	www.stonebridgecityfarm.com	Nottinghamshire
Summerwood Community Gardens	https://www.facebook.com/SummerwoodCommunityGardenTW	Nottinghamshire
Sunshine Forest School!	www.sunshineforestschool.co.uk	Derbyshire
The Connection Space CIC - Nature Based Volunteering at Matlock Farm Park and the Wild Thyme Garden (Matlock)	www.connectionspacecic.org	Derbyshire
The Renewal Trust, St Ann's Allotments - New Roots Project	https://www.facebook.com/stannsallot ments/	Nottinghamshire





The Wildlife Trust Beds, Cambs and Northants	https://www.wildlifebcn.org/about-us https://www.wildlifebcn.org/nene- wetlands	Northamptonshire
Think like a Tree	www.thinklikeatree.co.uk	Derbyshire
Townend Community Garden	(FB) Townend Community Garden	Derbyshire
University of Nottingham Health Service	https://www.unhs.co.uk/page1.aspx?p= 1&t=4 - instagram @crippswellbeing	Nottinghamshire
Vanclaron CIC – Community health awareness	https://www.vanclaron.co.uk/	Nottinghamshire
Well with Nature	www.wellwithnature.uk	Derbyshire
Wellbeing Focussed Solutions	https://wellbeingfocussedsolutions.co.uk	Northamptonshire
Whispering Trees CIC. Spark programme (young people) and looking at green social prescribing.	https://www.whisperingtrees.org.uk/ https://m.facebook.com/whisperingtrees.co.uk/	Derbyshire
Whistlewood Common	www.whistlewoodcommon.org	Derbyshire
Wild Minds	www.wildmindsnature.co.uk	Leicestershire Derbyshire
Willoughby Road Allotments. The edible Academy	Facebook wraaboston	Lincolnshire
Windmill Community Gardens	https://www.facebook.com/Windmill- Community-Gardens-349991251778038	Nottinghamshire
Woodland Nurture Forest School and Outdoor Learning	www.woodlandnurture.co.uk	Nottinghamshire

This information was collected as part of the Nature in Pregnancy study, conducted by the University of Nottingham. This work was funded by the National Institute for Health and Care Research (NIHR) Public Health Research Programme; reference NIHR135167.

If you would like to find out more about our work in this area, please contact Dr Gina Sands – <a href="mailto:gina.sands@nottingham.ac.uk">gina.sands@nottingham.ac.uk</a>.