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Nottingham Maternity Research Network

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Nottingham Maternity Research Network seeks to include the views of a range of local maternity service users.

If you know anyone who might be interested in joining us, please share this newsletter with them and encourage them to get in touch.

We'll be happy to hear from them!



Recent meetings

In February, Jo led a discussion about what it is like to be a public participant on a funded research project. We talked about what works well and what could improve the experience. People enjoy being part of a project from the beginning and meeting individuals from different backgrounds. Some people worried that their contribution would not be 'good enough' but all felt valued. We will work to improve key things, including: clarity over reimbursement of expenses, clearer information about what each meeting is about and who everyone is (who is a researcher and who is a public contributor), and taking more time to introduce complex terms and topics.

In April, David Churchill visited the group. Helen is collaborating with David, who is an obstetrician. They are planning a new project about the treatment of anaemia in pregnancy. People at the meeting shared their experiences of being treated for anaemia and talked about the kind of information they need. We talked about what physical or mental health outcomes will be important to measure. This discussion will inform the study design and David will come back to update us.

Several new projects are in the design stages. Gina is working on community design. The group liked the initial idea and we will discuss more with Gina at another meeting. Julie is returning to the topic of childbirth on television and designing a new research project. Corine continues to develop ideas about plant-based diets.

We said a fond farewell to Phoebe Pallotti who is leaving the research team to join the charity Birthrights. We hope to continue to collaborate with Phoebe in her new role. We welcomed Georgia Clancy, a new researcher to the Network.

We currently have a survey out for the Nature in Pregnancy study. We are looking to map the nature-based activities available in the East Midlands. We are interested in all nature-based activities to help support well-being, not just those currently available during pregnancy. This may include (among others) things like exercise, arts, gardening, immersing people in nature, and any green prescribing activities.



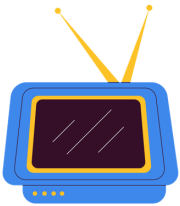
If any members are involved in these types of projects or know someone who is, please complete or pass on our short survey. It should take less than 10 minutes to complete. Please follow the link to access the survey: https://bit.ly/nature_activities_survey

Thank you for your help with this!

Other ways to get involved



Julie would like to talk to anyone who filmed or photographed their labour or birth. Please email to arrange an informal chat.



Please let us know if you see birth on TV. It could be a documentary, a soap opera, a factual or fictional series. Email us the name of the show and the episode number if you can. We're making a list of shows relevant to our research.



Are you interested to get involved in research in development about plant-based diets during pregnancy? Email us and Corine will get back to you with more information.



Meet a new Network member—Georgia Clancy

Georgia has recently joined the School of Health Sciences as a Research Fellow in the Maternal Health and Wellbeing Research Group. She is currently working on the ARM@DA project, a study looking at the use of remote consultations in maternity care. Before joining the University of Nottingham, Georgia completed a PhD at the University of Warwick. This research explored women's childbirth choices in England today. She has also been working with women, professionals and charities to put her PhD findings to good use. Georgia is looking forward to becoming an active member of the Maternal Health and Wellbeing Research Group, and the Nottingham Maternal Research Network.

When not at work, Georgia enjoys gardening, going for dinner with friends, learning piano and walking the dog.

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