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Nottingham Maternity Research Network

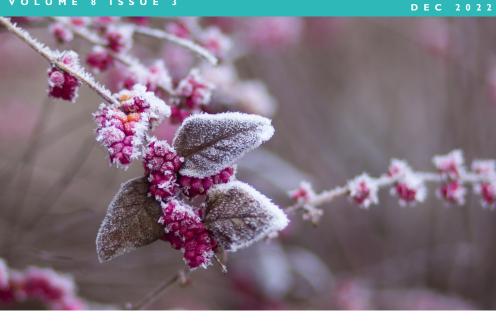
IN THIS ISSUE:

- Our latest meeting
- ARM@DA Project update
- Meet a Network
 Member

Nottingham Maternity Research Network seeks to include the views of a range of local maternity service users.

If you know anyone who might be interested in joining us, please share this newsletter with them and encourage them to get in touch.

We'll be happy to hear from them!



Our latest meeting

We met online on the evening of November 3rd. David Churchill joined the group to consult members about the PANDA trial. PANDA is an ongoing research study about the prevention of anaemia in pregnancy. David asked our views on how to raise awareness of the trial and encourage women to take part. The discussion raised lots of great ideas, including linking with Maternity Voices Partnerships, and appearing on daytime television or local radio. Network members were also able to offer advice about introducing research about treatment of anaemia to women taking part in PANDA.

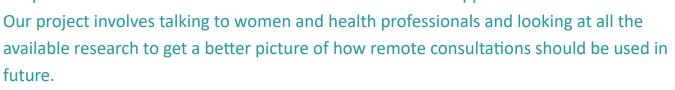
Candice have an overview of the Arm@da project and her role as a public contributor. There will be opportunities for more people to get involved in the new year. We discussed ways to share this opportunity to reach people with diverse backgrounds and experiences.

Julie talked with the group about publishing an account of the Network. There was enthusiasm for the idea and we came up with an idea to involve lots of members in generating the content for the article. Look out for an invitation to join the activity.

Our next meeting will be on **Feb 6th 11.30am—1.30pm**. More details will be sent by email in January.

ARM@DA Project update

The ARM@DA project aims to understand when, where, and for whom digital (remote) consultations can be used as part of maternity care services. During the Covid pandemic, many health services started using telephone or video consultations in addition to face to face appointments.



We are currently about half-way through the project. So far we have had some really brilliant meetings with the project stakeholders and looked at many different research studies to help us develop our ideas about how remote consultations can best work.

In the New Year we'll be inviting more members of the Nottingham Maternity Research Network to join the ARM@DA stakeholder group. This will involve taking part in approximately two group meetings over the following six months. During these meetings you'll be invited to share your experiences of digital maternity consultations, provide feedback on the project, help us decide on recommendations for a range of audiences and think about how we can share our findings. If you would like to be involved, keep an eye out in the New Year for more information on how to sign up.

Meet a Network member—Cee Tchussi



I was first introduced to the Network after I had shared during class my very traumatic birthing experience to my last child during lockdown in December 2020.

Since then, I have had the opportunity to participate in a project called the ARM@DA Project and share my views further as we talk about ways that remote consultations could be used in maternity care.

I love the fact that the Network so friendly accessible and readily available to anyone to join and that you are really welcomed when you do join too. There is always an opportunity or a new

experience to gain with the Network and I am so glad that I have joined.

Particularly having the chance to share my voice and experiences has been so important to me. I would highly recommend anyone thinking about joining the Network to come and join as its so supportive and you feel like you belong.

